



Sheet Pan Vegetables

Serves 4

Prep time: 5 minutes

Cook time: 25 minutes

Ingredients

- 1 Bunch of asparagus, ends trimmed and cut into thirds
- 1 Large zucchini, ends trimmed, cut in half length ways and sliced into 1/2 inch pieces
- 1 Large red pepper, de seeded and cut into strips
- 2 Garlic cloves, crushed
- 1 Teaspoon sea salt
- 1 Tablespoon olive oil

Method

Preheat oven to 375 degrees F.

Place all the vegetables on a large baking tray. Sprinkle with salt, garlic and drizzle over the olive oil. Give a stir.

Roast for 20 - 25 minutes or until vegetables are soft.

Remove from oven and serve straight away.

Julia's Cuisine

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Salads, Sides, Vegetable & Rice Dishes

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