



Julia's Cuisine

By: Julia Pinney
Dips and Sauces

Webpage
<http://www.juliascuisine.com/>

Classic Hummus

Ingredients

- 500 grams/ 18oz of cooked chickpeas
- 1 tablespoon of tahini paste (sesame seed paste)
- Juice of about 2 lemons
- 2 tablespoon olive oil
- 4 garlic cloves, crushed
- Salt to taste

Method

Add all ingredients to your blender and blend until you get a smooth paste.
Remove and serve with pita wedges, vegetables, or whatever you like.